

Schedule

Friday February 28, 2014

5:00 -7:00 Registration and arrival
7:00 Evening vespers,
8:00 Opening, Greeting Administration
Insight of the Sacrament of Confession
Confession
9:00 Tea social
10:30 Lights out

Saturday March 1, 2014

7:30 -8.15 Morning Prayers- Confession
8:30 -9:45 Breakfast Fellowship
9:30 - 10:15 Session 1 introduction to Prayer
Break
10:30-11:45 Session 2 "Prayer"
12:00-1.00 Lunch - Fellowship
1:00-1:45 Free - Quiet time, walk the grounds
1:45-3:00 Personal self assessment - "Confession"
Break
3:15-3:30 Group Photo
3:45 -5:15 Session 3 - Orthodox Church Perspective
on Meditation
5:30 - 6:30 Dinner - Fellowship
7:00- 8:30 Session 4 "Open discussion"
8:30 Vespers
9:00 Free time, Confession
Ukrainian charades, sing song
10:30 Lights out

Sunday, March 2, 2014

8-10:00 Confession
8:30-9:30 Breakfast
10:00- 11:30 Divine Liturgy
12 -1:00 Lunch - Fellowship
12:45 -1:30 Closing, wrap-up feedback, prayer
1:30 -2:00 Clean out rooms, pack, leave by 2:00 pm

REGISTRATION FORM

one applicant per registration form
(please print clearly)

Name _____

Address _____

City/Prov _____ postal code _____

email _____

phone: _____ cheque # _____

Parish _____

Registration fee: \$190 + HST = \$214.70 prior to January 19th, 2014
\$225.00+ HST = \$254.25 after January 19th, 2014

Please make cheque payable to Eastern Eparchy UOC

Mail to:

Ukrainian Orthodox Women's Retreat
772 Marlee Avenue
Toronto, Ontario M6B 3J9

Registration Contacts:

Slavka Sametz-Chewchuk Darcia Moskaluk-Rutkay
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**SPACE IS LIMITED-PLEASE REGISTER EARLY
TO ENSURE PLACEMENT**

State Food Allergies/ Special Dietary needs

if you need transportation from the Toronto area, Bus, Train or
Airport to the Retreat Center please let us know in advance.
